

MECHANISTIC EVALUATION OF IMMUNOSTIMULANT PROPERTIES OF TEA ON MURINE MACROPHAGE (RAW264.7) CELL LINE

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ABSTRACT

NO plays many more roles in the immune system as well as in other organ systems. Macrophages are key modulator and effectors cells in the immune response, their activation influences and respond to other arms of the immune system. Generation of NO is a feature of genuine immune-system cells (dendritic cells, NK cells, mast cells and phagocytic cells including monocytes, macrophages, microglia, Kupffer cells, eosinophils, and neutrophils). The present study elaborated the immunomodulatory effects of Tea on RAW264.7 cell line. Tea treated cells showed enhancement in NO production whereas it showed marked enhancement when cells were stimulated with rIFN- γ . Pretreatment with PDTC and N^GMMA to the rIFN γ plus Tea treated RAW264.7 cells ameliorated NO production as compared to the primed cells. It was found that Tea acted as an accelerator of activation of RAW264.7 cells by rIFN γ via a process involving L-arginine-dependent NO production and that Tea elevated NO production via activation of NF-Kb signaling pathway. These findings suggest that Tea can be a potential immunostimulant beverage.

KEYWORD: Beverage, Tea, Nitric Oxide, Macrophages, Immunomodulation.

INTRODUCTION

Nitric Oxide (NO) a short lived gaseous radical is a potent multifunctional reactive metabolite that is a major effector molecule of immune cells against tumor cells and pathogens.^[1] Following its benchmark discovery, nitric oxide (NO) is now known to play important functional roles in a variety of physiological systems within the vasculature. NO induces vasodilation, inhibit its platelet aggregation, prevents neutrophil/platelet adhesion into endothelial cells, inhibits smooth muscle cell proliferation and migration and regulates programmed cell death (apoptosis) and maintains endothelial cell barrier function. NO generated by neurons acts as a neurotransmitter, whereas NO generated by macrophages in response to invading microbes acts as an antimicrobial agent.^[2] In 1985, Stuehr and Marietta,^[3] reported that activated macrophages synthesize nitrite/nitrate. In 1987, Hibbs *et al.*^[4] suggested that L-arginine was the substrate for murine-derived nitrite/nitrate. Palmer *et al.* in 1988.^[5] reported that NO is synthesized from L-arginine, and Marlette *et al.*, 1988^[6] reported that macrophages generate nitrite and nitrate from L-arginine. NO is a free radical having both cytoprotective as well as tumor promoting agent is formed from L-arginine by converting it to L-citrulline via nitric oxide synthase enzyme. Nitric oxide, is produced in a variety of tissues by nitric oxide synthase (NOS). NO, nitrogen oxide

species, and NOS are readily detectable in macrophages obtained from individuals with a wide variety of conditions associated with infection and inflammation, including tuberculosis, malaria, AIDS, and rheumatoid arthritis. *In vitro*, LPS can stimulate macrophages to produce NO. Based on the location and the mechanism of regulation, three isoforms of NOS have been identified. They are neuronal NOS (nNOS, also termed NOS I), inducible NOS (iNOS, also termed NOS II), and endothelial NOS (eNOS, also termed NOS III).^[1] nNOS and eNOS constitutively produce low levels of NO in neurons and endothelium, providing for neurosignaling and helping to maintain vascular homeostasis and tissue perfusion. Since nNOS and eNOS are constitutively expressed, they are also collectively called constitutive NOS (eNOS). iNOS is a 130-kDa protein and is expressed in macrophages in both cytosolic and membrane as forms.^[7-8] NO is generated in to cytokines, such as interferon- γ macrophages by iNOS following exposure to cytokines such as interferon gamma. TNF- α , and interleukin-1 or microbial products such as LPS. We studied the immunostimulant activity of different variety of Tea.

MATERIALS AND METHODS

Chemicals

RPMI 1640 was purchased from Gibco. USA. Fetal bovine serum. streptomycin and penicillin. L-glutamine,

HEPES, PDTC, N^GMMA, rIFN- γ were purchased from Sigma, USA. Griess reagent was purchased from MP Biomedical. All the other chemicals and reagents were of analytical grade and purchased locally.

Cell culture

The murine macrophage cell lines (Raw 264.7) are routinely maintained in RPMI 1640 medium supplemented with heat inactivated 10% FBS and were incubated at 37°C in a humidified atmosphere containing 5% CO₂ inside a CO₂ incubator.

Tea samples

White Tea- Purchased from Amazon. in (Silver Leaf Tea Pvt. Ltd.)

Batch Code: 0917, Mfg. Date: 09/2017.

Green Tea – Purchased from local Supplier (TETLEY)

Batch Code: 20TT118, Mfg. Date:12/2018.

Black Tea- Purchased from local supplier (TATA TEA, CTC)

Batch code: 01TT117, Mfg. Date: 11/2018.

Preparation of sample

White Tea extract (WTE), Green Tea extract (GTE) & Black Tea extract (BTE) was prepared by dissolving 0.5g of tea in 25 ml of boiling water at boiling temperature (100°C) and brewing for 5 minutes according to **Fatimah *et al.* 2014.**^[9] The samples are then filtered using a Millipore filter membrane (0.22 μ m) and aliquoted in small volumes in eppendroff. Different concentrations from tea samples (25, 50,100,200 μ g/ml) are taken and used to study immunostimulant properties on Raw264.7 cells.

Effect of WTE, GTE, BTE on NO production in non-primed and rIFN- γ primed Raw 264.7 cells

Raw264.7 cells(1x10⁶) were seeded in 96 well plate for 24 hours. After 24 hours, to study the effect of WTE, GTE, BTE on non-primed (resting) Raw264.7, the cells were treated with 25,50,100,200 μ g/ml of WTE, GTE and BTE separately for 24 hours. Further, in another set of experiment to observe the effect of the extracts on rIFN- γ the Raw264.7 cells were activated with rIFN- γ (10 U/ml) for 6 hours at 37 °C in an atmosphere of 5% CO₂. The cells were then incubated with various concentrations of sample separately for another 24 hours at 37°C an atmosphere of 5% CO₂. NO synthesis was measured by a microtiter assay plate.^[10] 100 μ l of each culture supernatant was allowed to react with 100 μ l of Griess reagent at room temperature for 10 minutes. The absorbance was recorded at 540 nm.

Effect of PDTC on WTE, GTE, BTE induced NO production in rIFN- γ -primed Raw264.7 cells

It is well known that PDTC, an anti-oxidant compound, inhibits activation of NF-KB.^[11] As an approach to determine the signaling mechanism of the three extracts on NO production, the influence of PDTC, NF-KB inhibitor, on WTE, GTE and BTE treated rIFN- γ primed

Raw264.7 cells murine macrophages was examined. The cells (1x10⁶) were incubated in the presence of rIFN- γ (10 U/ml) with or without PDTC (100 μ M) for 6 h inside a CO₂ incubator. The cells were then treated separately with WTE, GTE and BTE with various concentrations i.e., 25,50, 100 and 200 μ g/ml for another 24 hours. NO assay was performed using Griess reagent as described previously. The O.D values were read at 540 nm.

Effect of N^GMMA on WTE, GTE, BTE induced NO production in rIFN- γ primed Raw264.7 cells

N^GMMA is the specific inhibitor of Nitric Oxide production in the L-arginine-dependent pathway.^[12] To define if the signaling mechanism in WTE, GTE and BTE induced NO production participates in the L-arginine-dependent pathway in Raw264.7 cell line, the cells (1x10⁶) were incubated in the presence of rIFN- γ with or without N^GMMA (10 mM) for 6 h inside a CO₂ incubator, the macrophages were then treated with 25, 50, 100 and 200 μ g/ml of each of WTE, GTE and BTE for another 24 hours. NO assay was performed using Griess reagent as described previously. The O.D values were read at 540 nm.

Statistical Analysis

This was done by Student's t-test P < 0.05 was considered as significant. The percentage cell inhibition was calculated by the following formula:

% Cell Inhibition: 10 \times (O. D of Control – O. D of Treated)/O.D of Control

Where O. D= Optical Density.

RESULTS

Effect of WTE, GTE, BTE on NO production in non-primed and rIFN- γ primed Raw264.7 cells

Nitric Oxide production was slightly elevated in resting Raw264.7 cells treated alone with WTE, GTE, BTE. However, when the cells were activated with rIFN- γ for 6 h and then treated separately with WTE, GTE, BTE the NO production was markedly enhanced as compared with that of non-primed cells (resting).

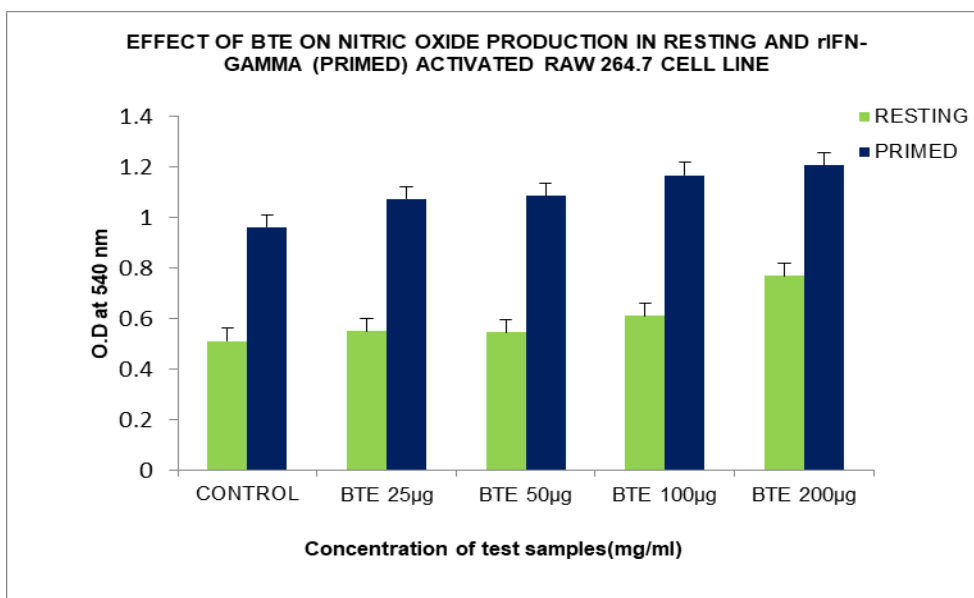
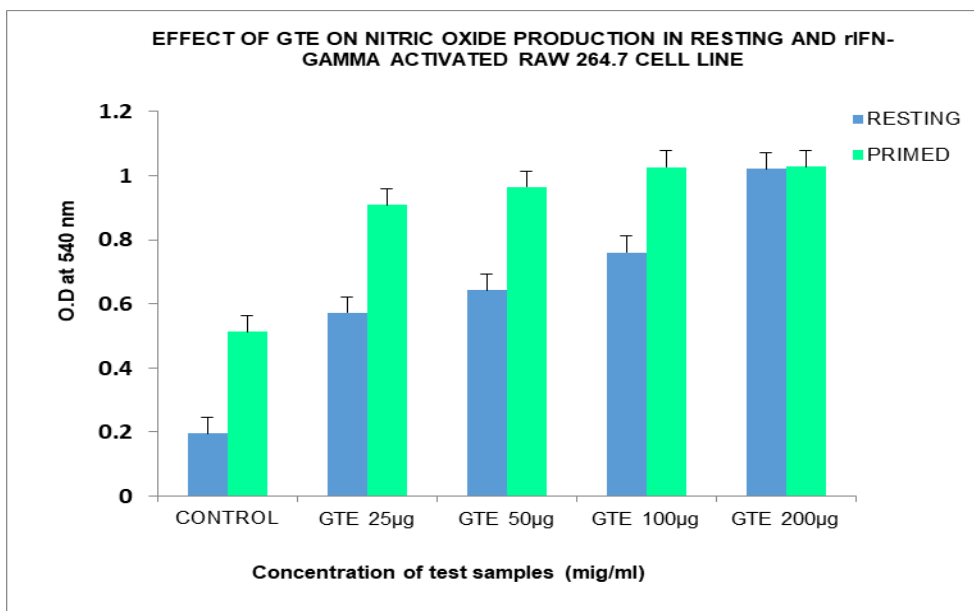
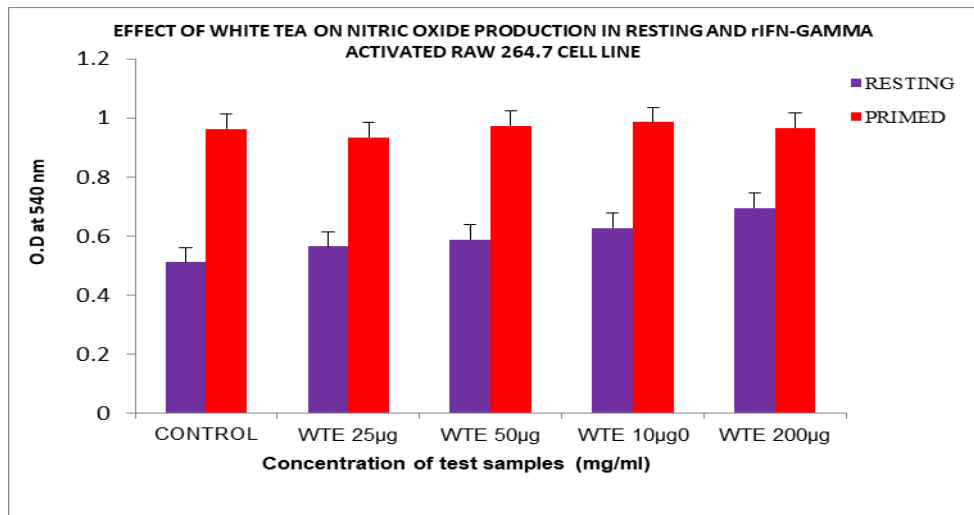
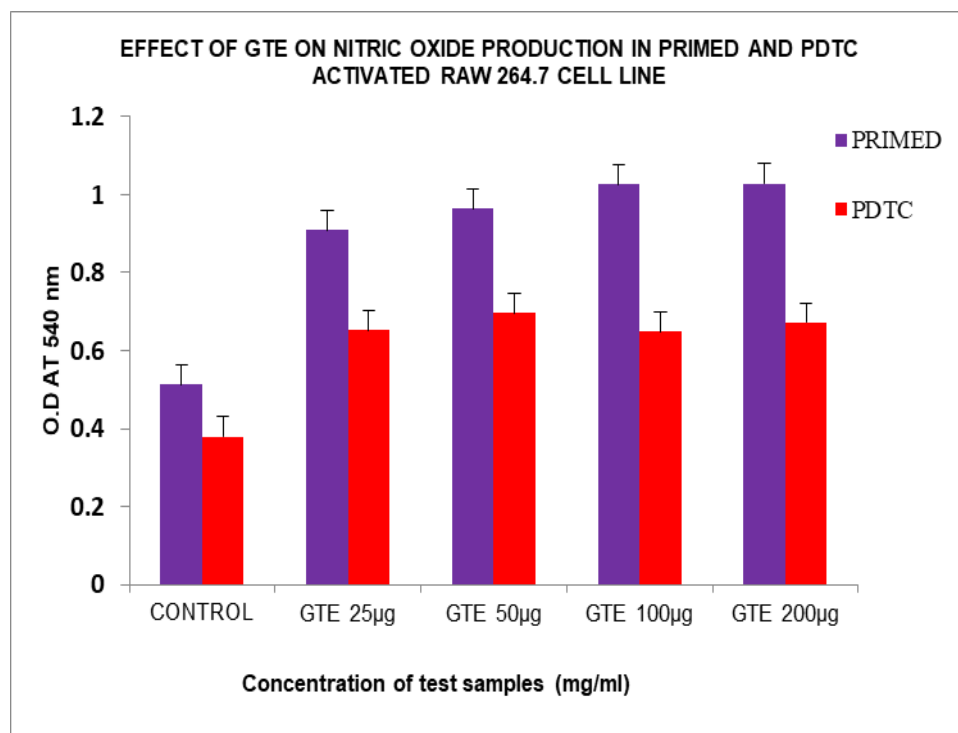
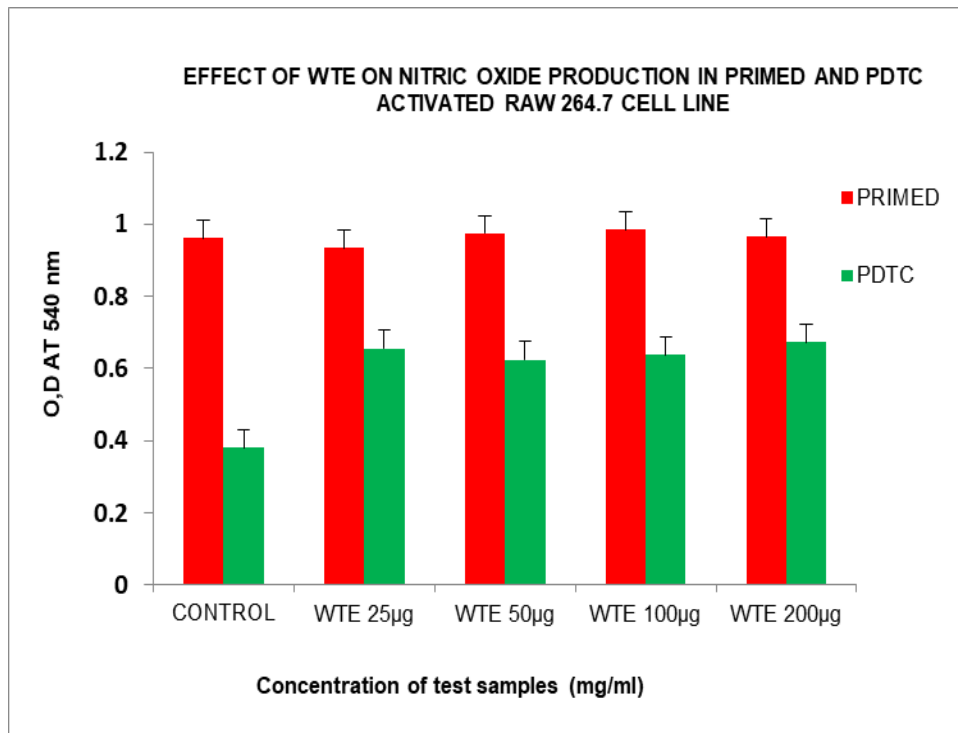


Fig. 1: All the histogram showed the effect of WTE, GTE & BTE on Nitric Oxide production in resting and rIFN-γ activated Raw 264.7 cell line. Data are mean ± S.E.M.

Effect of PDTC on WTE, GTE & BTE induced NO production in rIFN- γ stimulated Raw264.7 cells

Pre-treatment with PDTC to the rIFN- γ plus WTE, GTE & BTE stimulated Raw264.7 cells caused significant block in the production of Nitric Oxide.



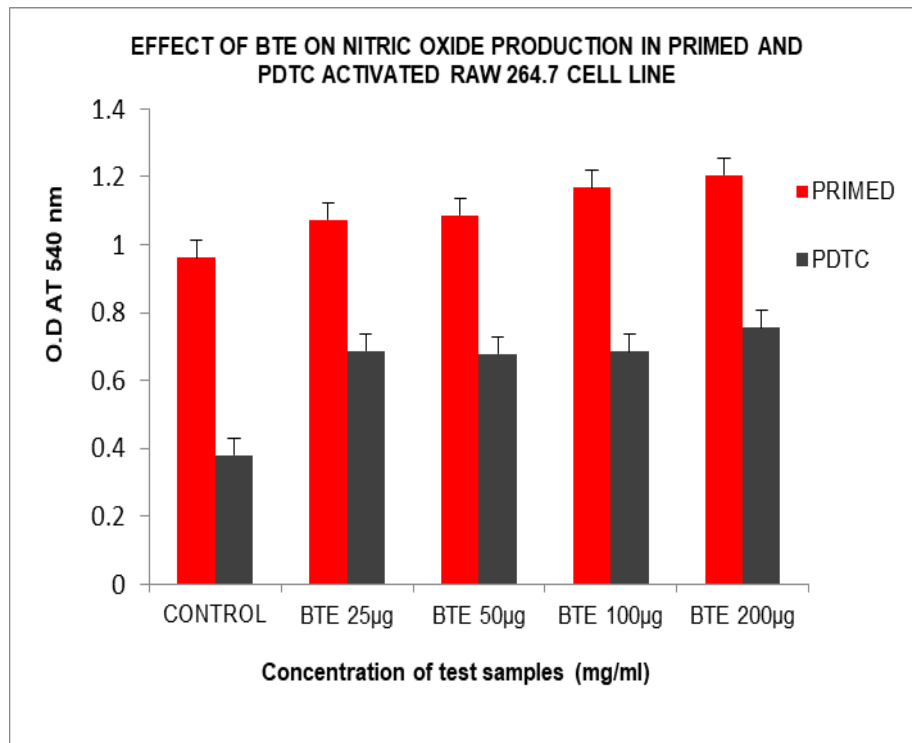
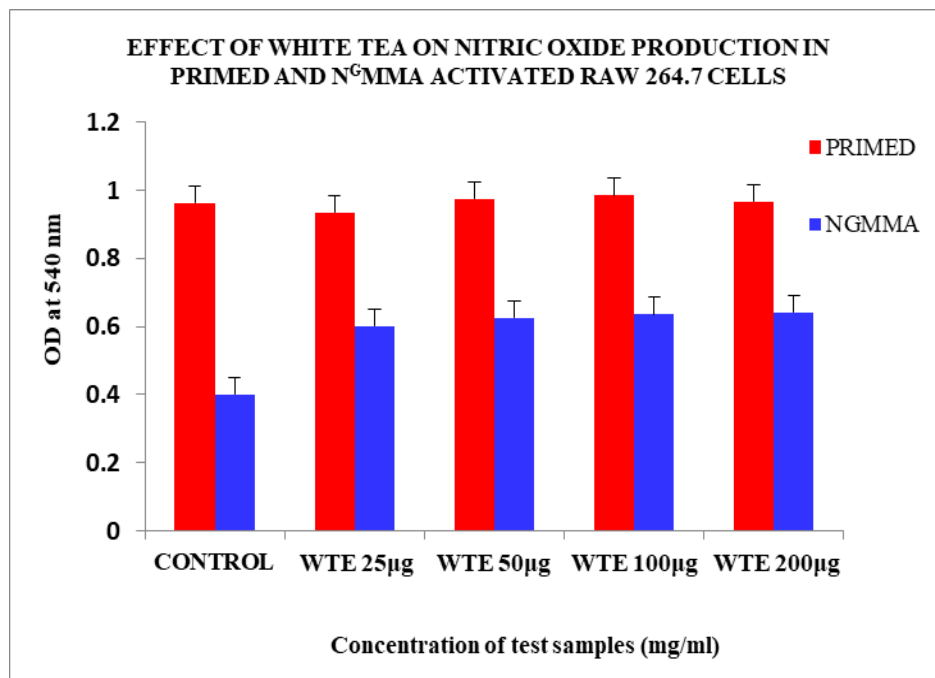


Fig. 2: All the histogram showed the effect of WTE, GTE & BTE on NO production in primed and PDTC activated Raw 264.7 cell line. Data are mean ± S.E.M.

Effect of N^GMMA on WTE, GTE AND BTE extracts induced NO production in rIFN-gamma stimulated Raw264.7 cell line

The production of NO by rIFN-γ plus WTE, GTE and BTE in Raw264.7 cells was significantly decreases due to pre-treatment of N^GMMA.



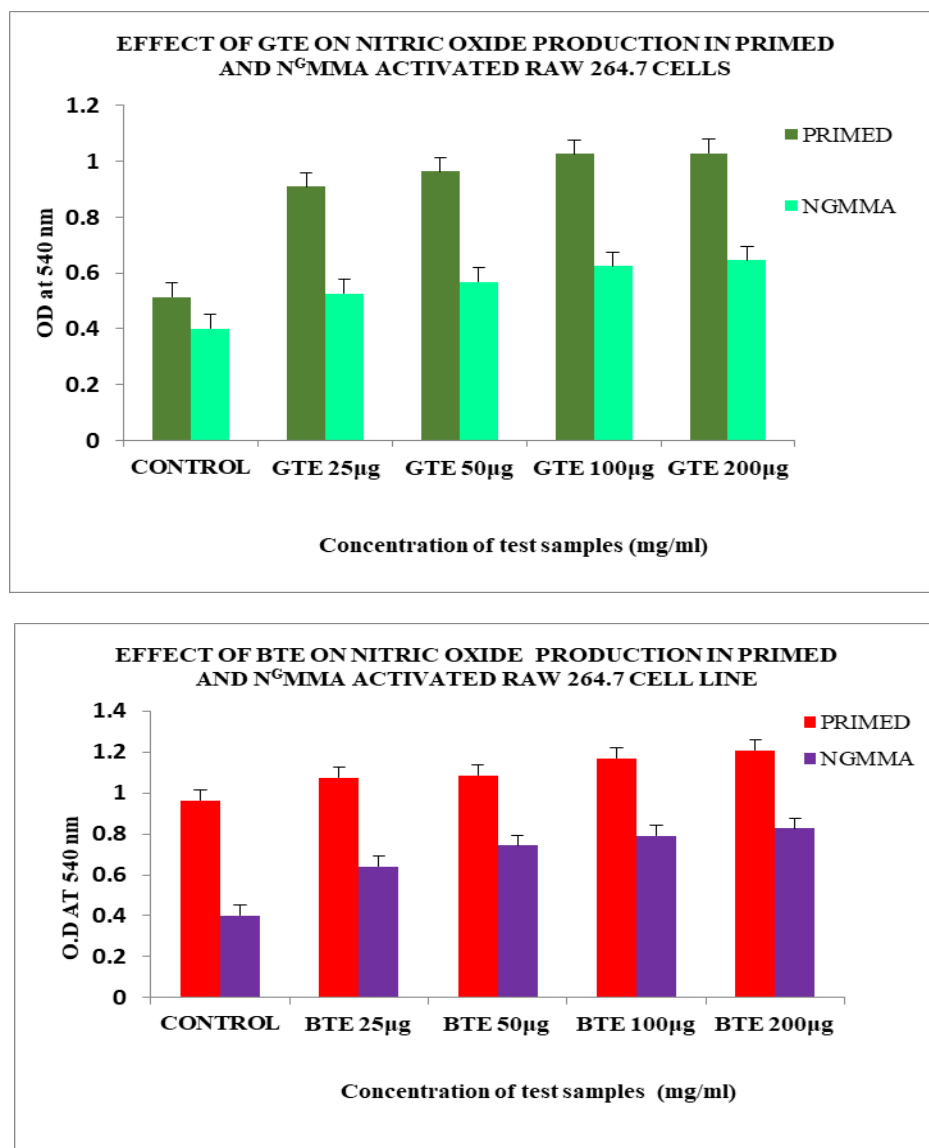


Fig. 3: All the histogram showed the effect of WTE, GTE & BTE on NO production in primed and N^GMMA activated Raw 264.7 cells. Data are mean \pm S.E.M.

DISCUSSION

In this study, it was demonstrated that all the Tea themselves are able to induce NO production in resting and rIFN- γ stimulated Raw264.7 cell line. However, NO production by the lowest concentration of WTE, GTE and BTE i.e., 25 μ g/ml in rIFN- γ activated Raw264.7 cells was lower compared with control rIFN- γ -primed plus WTE, GTE and BTE activated cells. The elevated production of NO by rIFN- γ primed plus WTE, GTE and BTE activated cells were markedly inhibited by pre-treatment with PDTC, an inhibitor of NF-KB. Nuclear factor Kappa-B), a transcription factor, plays an important role in the regulation of immune responses. The inducible form of nitric oxide synthase (iNOS) is also under the control of NF-KB.^[13-16] Signal transduction pathway of NO production has been previously reported as LPS stimulation of primed macrophages induces NF-KB activation.^[17] Since observations showed that pre-treatment with PDTC blocked NO production by resting rIFN- γ stimulated,

WTE, GTE and BTE treated Raw264.7 cells, these findings might explain that WTE, GTE and BTE extracts influence NO production via the NF-KB signaling pathway.

The results of this study suggest that WTE, GTE and BTE may provide a second signal for induction of NO production in Raw264.7 cells. N^GMMA, analogue of L-arginine inhibited WTE, GTE and BTE induced NO production by resting as well as rIFN- γ activated Raw264.7 cells. The strong inhibition of NO production by N^GMMA indicates that the signaling mechanism in WTE, GTE and BTE induced NO production participates in the L-arginine dependent pathway in Raw264.7 cells.

CONCLUSION

Our results demonstrated that the WTE, GTE and BTE acted as an accelerator of activation of Raw264.7 cells by rIFN- γ via a process involving L-arginine dependent

NO production and that WTE, GTE, BTE elevated NO production via activation of NF kappa- B signaling pathway. So, in conclusion it can be said that tea has immunomodulatory activity and that of white tea is far better as compared to that of Green and Black tea.

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CONFLICT OF INTEREST

The authors proclaim that they have no conflict of interest.

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