

A REVIEW ON TABLETS IN PHARMACEUTICALS: TYPES, PRODUCTION, & APPLICATIONS

Prevesh Kumar¹, Mohd. Zafar^{2*}, Manish Kumar Saxena³, Aaliya Naaz⁴, Diksha¹, Navneet Verma¹

¹Faculty of Pharmacy, IFTM University, Moradabad (U.P.).

²Research Scholar, School of Pharmaceutical Science, IFTM University, Moradabad (U.P.) & Asst. Prof., Samrat Prithviraj Chauhan College of Pharmacy, Kashipur, Udham Singh Nagar (U.K.).

³Samrat Prithviraj Chauhan College of Pharmacy, Kashipur, Udham Singh Nagar (U.K.).

⁴Six Sigma Institute of Technology and Science, Rudrapur, Udham Singh Nagar (U.K.).

Article Received on: 24/07/2026

Article Revised on: 14/08/2026

Article Published on: 01/09/2026

*Corresponding Author

Mohd. Zafar

Research Scholar, School of
Pharmaceutical Science,
IFTM University, Moradabad
(U.P.) & Asst. Prof., Samrat
Prithviraj Chauhan College
Of Pharmacy, Kashipur,
Udham Singh Nagar (U.K.).
<https://doi.org/10.5281/zenodo.22160399>



How to cite this: Prevesh Kumar¹, Mohd Zafar^{2*}, Manish Kumar Saxena³, Aaliya Naaz⁴, Diksha¹, Navneet Verma¹ (2026). A Review On Tablets In Pharmaceuticals: Types, Production, & Applications. International Journal of Modern Pharmaceutical Research, 10(9), 01–11.

ABSTRACT

Medicine is both a science and an art. It is not just about making pills and plasters, but also about understanding and guiding the processes of life. Pharmaceutical oral solid dose forms have been widely utilized for decades due to their ease and adaptability for systemic medication delivery. Tablets can be produced using powders, granules, pellets, or film-coated units. Tablets presently make up about 70% of all ethical pharmaceutical formulations. Tablets are solid pharmaceutical dosage forms that include medicinal ingredients and diluents. They can be made by compression or molding. As a result, tablets can be generically categorized into compressed and molded tablets. Compressed tablets can be characterized as immediately compressible, chewable, or tablet triturates.

KEYWORDS: Solid dosage Form, Tablets, Types of Tablets, Coated Tablets, Compression, Granulation, Ingredients, Evaluation.

1. INTRODUCTION

Solid drugs can be administered orally as powders, pills, cachets, capsules, or tablets. These dosage forms include a single unit of medication and are collectively referred to as solid unit dosage forms, particularly in the case of prolonged action preparations, which theoretically contain the equivalent of many standard doses of the drug. The severe formulation standards of modern medicine, the benefits of tablets and capsules, the expansion of health services, and the dedication to large-scale production have all contributed to a continuous decrease in the prescription of powders and pills. Tablets and capsules, on the other hand, now account for more than two-thirds of the total volume and cost of pharmaceuticals produced globally. Tablets are a classic solid dose that has various advantages over alternative dosage forms. Tablets are the most common dosage type, accounting for approximately 70% of all medications

administered. Tablets ranged in shape, size, and weight depending on the medicinal component and manner of administration. This article briefly examines the benefits and drawbacks of tablets, the basic ingredients that are commonly found in tablets, tablet preparation procedures, and the many types of tablets.

1.1 DEFINITION

The Indian Pharmacopoeia defines pharmaceutical tablets as solid, flat, or biconvex plates in unit dose form that are formed by compressing a drug or a mixture of pharmaceuticals, with or without diluents. A tablet is a compacted solid dosage form containing medications, either with or without excipients. They vary in shape, size, and weight according on the medicinal chemicals utilized and the method of administration. [Figure No. 1]



Figure No.1 Image of Tablets.

1.2 PROPERTIES

1. The product should be exquisite and unique, with no faults such as chips, cracks, discoloration, or contamination.
2. The product should be durable enough to survive shocks throughout manufacture, packing, transportation, and dispensing.
3. Requires physical stability to sustain its qualities throughout time.
4. The medication must be predictable and repeatable in its release in the body.
5. The pharmaceutical agent(s) must be chemically stable over time.

1.3 ADVANTAGES OF TABLETS

1. Light weight and portable.
2. Easy to swallow.
3. Appealing appearance
4. Sugar or film coating helps disguise the drug's unpleasant odor or flavor.
5. They don't require dosage measurement.
6. The tablet's sealed shell protects it from environmental factors such as light and air.
7. Even little amounts of medication may be accurately measured and integrated.
8. Tablets have a longer shelf life than other dosage forms, indicating greater stability.
9. Tablet dose form reduces medication incompatibility.
10. Easy for self-administration.
11. Their production costs are quite modest.
12. Easy to handle.
13. Tablets are the most lightweight and compact dose form.

1.4 DISADVANTAGES OF TABLETS

1. Difficult to swallow for young and unconscious patients.

2. Some medications are amorphous and low density, making them resistant to compression into dense compacts.
3. Formulating or manufacturing tablets for drugs with poor wetting, delayed dissolving, and high absorption in the GI tract might be challenging to provide adequate or complete bioavailability.
4. Certain medications, such as those with an unpleasant odor or those sensitive to oxygen, may need to be encapsulated or coated. In such instances, capsules may be the best and cheapest option.
5. Certain substances, such as aspirin, can irritate the gastrointestinal mucosa.
6. Slow breakdown and dissolution may cause difficulties with absorption.

2. APPLICATIONS OF TABLETS

Tablets are a widely used dosage form in the pharmaceutical industry due to their convenience, ease of administration, and flexibility in formulation. Here are some key applications of tablets.

1. Immediate-Release Tablets

Purpose: Provide rapid onset of action by releasing the active pharmaceutical ingredient (API) quickly.

Examples: Pain relievers, antacids, and medications for acute conditions like allergies or infections.

2. Sustained-Release Tablets

Purpose: Release the API over an extended period, maintaining therapeutic levels in the bloodstream for longer durations.

Examples: Medications for chronic conditions such as hypertension, diabetes, or asthma.

3. Chewable Tablets

Purpose: Designed for easy administration, especially for pediatric or geriatric patients who have difficulty swallowing tablets.

Examples: Vitamins, antacids, and certain medications for children.

4. Effervescent Tablets

Purpose: Dissolve in water to produce a fizzy drink, enhancing palatability and absorption.

Examples: Vitamin C supplements, certain antacids, and pain relievers.

5. Extended-Release Tablets

Purpose: Similar to sustained-release tablets but designed to release the API over a longer period, often 12-24 hours.

Examples: Medications for conditions like ADHD, pain management, or hypertension.

6. Orally Disintegrating Tablets (ODTs)

Purpose: Dissolve quickly in the mouth, making them easy to administer without water.

Examples: Medications for nausea, pain relief, or psychiatric conditions.

7. Controlled-Release Tablets

Purpose: Release the API in a controlled manner to maintain consistent drug levels in the bloodstream.

Examples: Medications for conditions like Parkinson's disease or chronic pain.

3. TYPES OF TABLETS

There are various types of tablets. [Figure No.2]

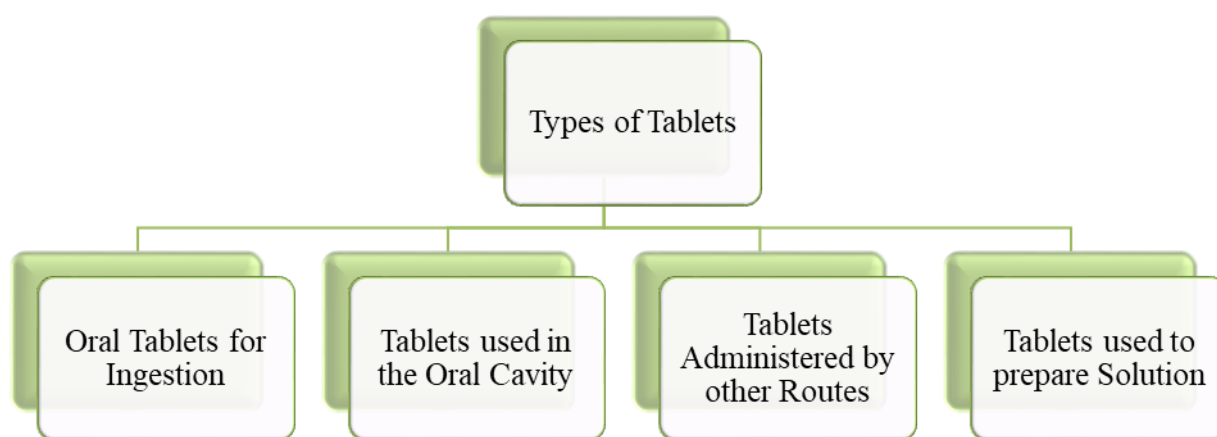


Figure No. 2 Types of Tablets.

ORAL TABLETS FOR INGESTION

1. Standard Compressed Tablets
2. Multiple Compressed Tablets
 - Compression Coated Tablets
 - a. sugar coated tablets
 - b. film coated tablets
 - c. gelatine coated tablets
 - d. enteric coated tablets
 - Layered tablet
3. Targeted Tablets
 - a. Floating Tablet
 - b. Colon Targeting Tablet
4. Chewable tablet
5. Dispersible tablets

TABLETS USED IN THE ORAL CAVITY

1. Lozenges and troches
2. Sublingual tables
3. Buccal tablet
4. Dental cones
5. Mouth dissolved / rapidly dissolving tablets

TABLETS ADMINISTERED BY OTHER ROUTES

1. Vaginal tablet
2. Rectal tablet
3. Implants

TABLETS USED TO PREPARE SOLUTION

1. Effervescent tablets
2. Molded tablets
 - a. Hypodermic tablet
 - b. Dispensing /soluble tablet
3. Tablet Triturate.

ORAL TABLET FOR INGESTION

Over 90% of tablets manufactured are ingested orally. These are designed to swallow intact, with exception of chewable tablets

1. Standard Compressed Tablets.

These are normal uncoated tablets that were compressed utilizing wet granulation, direct compression, or double compression. It promotes fast breakdown and drug release. They are mostly meant to do local action in GIT. It generally contains water-insoluble medications like antacids and adsorbents. In addition to medicinal substances, compressed tables typically contain a variety of pharmaceutical adjuvants such as diluents, binders, and disintegrants.

2. Multiple Compressed Tablets

Multiple compressed tablets are prepared by more than one compression cycle. This process is best suited when

separation of active ingredient is needed for stability purposes, or if the mixing process is inadequate to guarantee uniform distribution of two or more active ingredients. There are three categories under this class: Compression coated tablets, Layered tablets and Inlay tablets.

- **Compression Coated Tablets**

This tablet lends itself to a repeated motion. The outer layer delivers the first dose, while the inner core releases the medicine later on. As a result, it is helpful for releasing two active pharmaceutical ingredients (APIs), one in an immediate release formulation entrapped in the coat and the other in a sustained release formulation entrapped in the core. This technique may also be used to offer both a loading and maintenance dosage for a single medicine.

- a. Sugar Coated Tablets**

The sugar cover shields the encapsulated medicine from the environment and prevents unpleasant taste or odor. It also gives an exquisite, shiny look. The tablet's pleasant flavor also contributes to patient acceptance. Widely used in the preparation of multivitamin and mineral combinations.

- b. Film Coated Tablets**

It is a sort of coated tablet that does not require the medicine to be coated. Instead of sugar coating, film coating is employed to increase the strength of the tablet. Polymers such as HPC (Hydroxypropyl cellulose), HPMC (Hydroxypropylmethyl cellulose), and Ethyl cellulose are employed in this approach. It is also a faster procedure than the sugar coating method. It has advantages over sugar coating in that it is more durable, less bulky, and takes less time to apply, but it is less appealing and elegant in appearance. The covering is intended to tear, exposing the core tablet at the desired place in the gastrointestinal system.

- c. Gelatine Coated Tablets**

A capsule-shaped compressed tablet, the gel cap is the pioneer product. It makes the coated product roughly one-third smaller than a capsule containing the same quantity of powder. The gelatin covering makes swallowing easier, yet compared to unopened capsules, gelatin-coated tablets are more easily tampered with.

- d. Enteric Coated Tablets**

The substance used to coat the enteric-coated tablets is resistant to the stomach environment's acidity, which prevents the medicine from releasing in the stomach. However, in intestinal (alkaline) medium, it readily releases the medication. The term "delayed action tablet" refers to the fact that medications must travel through the stomach and that their release time is postponed.

- **Layered Tablet**

Two or three granulation layers are crushed together to form layered tablets. Each layer's borders are visible,

giving them the impression of a sandwich. Multilayered tablets are the ideal alternative for the formulation pharmacist when two or more active medicinal components that are incompatible need to be supplied concurrently. A single tablet made up of two or more layers, often each with a different hue to provide a unique appearance Device: Versa press.

3. Targeted Tablets

There are two kinds of tablets in this category.

- a. Floating Tablet**

These are intended to increase the dose form's duration of residence in the gastrointestinal system. This increases the GI residence time and does so at a region of the GI tract that maximizes the amount of medicine that reaches the absorption site in solution and is thus available for absorption. These tablets have a low density. In the stomach environment, it might enlarge. Keeping the medication floating in the stomach during diarrhea will result in a comparatively better reaction. controlled medication delivery. By distributing the medication gradually, it reduces mucosal irritation. used to treat esophageal reflux disease and other gastrointestinal conditions. Better patient compliance and ease of administration.

- b. Colon Targeting Tablet**

It delivers a therapeutic quantity of medicine to a target region, such as the colon, to achieve the appropriate drug concentration in the body. For medications with instability, low solubility, short half-life, a high volume of distribution, poor absorption, limited specificity, and a therapeutic index, it is appropriate and necessary. This area's (the colon's) pH ranges from 6.4 to 7, and the existence of microbial flora is crucial for medication release. The following are some of the mechanisms used for medication release in this area: Using a pH-sensitive polymer to coat.

4. Chewable tablet

It is necessary to break and chew chewable pills between teeth before consuming them. Children who have trouble swallowing and adults who don't like swallowing are given these pills. These pills are designed to dissolve in the mouth gradually and moderately, whether or not they are really chewed. When the active component is meant to work locally and systemically, chewable tablets are frequently used. The chewable tablet's structure consists of a gum core that may or may not be coated. The insoluble gum foundation that makes up the core includes fillers, waxes, flavorings, sweeteners, and antioxidants.

5. Dispersible tablets

Dispersible tablets as defined in European Pharmacopoeia are uncoated or film coated tablets intended to be dispersed in water before administration giving a homogeneous dispersion. Typically a dispersible tablet is dispersed in about 5 to 15 ml of water (e.g. in a

tablespoonful or a glass of water) and the resulting dispersion is administered to the patient. Dispersible tablets are required to disintegrate within 3 min in water at 15 to 25. Also the dispersion produced from a dispersible tablet should pass through a sieve screen with a nominal mesh aperture of 710 μm .

TABLETS USED IN THE ORAL CAVITY

1. Lozenges and Torches

Lozenges are medicinal, flavored pills that are meant to be sucked and held in the throat or mouth. Lozenges come in two varieties: crushed tablet lozenges (TROUCHES) and firm (or boiling) candy lozenges. Lozenges can be used to treat systemic drug absorption and local drugs in the mouth or throat. Pastille is a soft type of lozenge that contains medication in a base of acacia, sugar, and water, or in a gelatin or glycerol-gelatin. The composition of compressed lozenges does not contain any disintegrant. During dissolution, the other ingredients (binder and filler) must taste or feel good. Gelatin is frequently utilized as a binder in compressed lozenges, whereas mannitol, glucose, and sorbitol are frequently employed as fillers.

2. Sublingual tables

They will allow the medication to be absorbed straight through the mucosal lining of the mouth beneath the tongue, resulting in an instant systemic action. Usually flat and tiny, the tablets are gently crushed to maintain their softness. The pill has to dissolve rapidly so that the medications may be taken as soon as possible. Its purpose is to dissolve in a tiny amount of saliva. A technique for delivering drugs through the mouth that allows them to be quickly absorbed by the blood vessels beneath the tongue rather than the digestive tract is known as sublingual, which literally translates to "under the tongue."

3. Buccal tablet

The Buccal pouch is where these medications are supposed to dissolve. The purpose of tablets is to prevent disintegration. To supply the medium for dissolving the pill, it is positioned close to the parotid duct entrance. Buccal pills are most frequently utilized when the purpose is hormone replacement treatment. In order to provide a hydrated surface layer from which the medication gradually diffuses and becomes available for absorption through the buccal mucosa, long-acting buccal tablets employ viscous natural or synthetic gums or combinations of gums that may be crushed.

4. Dental Cones

These tables are made to fit loosely into the empty socket that remains after a tooth extraction. This tablet's primary function is to either stop the growth of germs in the socket by using a slow-releasing antibacterial component or to lessen bleeding by using an astringent or coagulant-containing tablet. It is designed to gradually dissolve or erode over a period of 20 to 40 minutes when a tiny amount of fluid or serum is present. Typically, amino

acids, sodium bicarbonate, or sodium chloride are utilized as carriers.

5. Mouth dissolved / rapidly dissolving tablets

A solid dosage form containing medical compounds that dissolves quickly, often in a matter of seconds, when put under the tongue is known as a mouth-dissolving tablet. The Mouth Dissolving Tablet doesn't require water to swallow and has a pleasant mouth feel. MDT dissolves or dissolves readily in saliva in a matter of seconds (15 s to 3 min). Some MDT pills are referred to be real fast dissolving tablets since they are made to dissolve in saliva amazingly quickly—within a few seconds. Others, more accurately called rapid dissolving tablets, include substances that speed up the pace of tablet breakdown in the oral cavity; this is because they may take up to a minute to fully dissolve. being the first choice of dosage form for children, elderly patients, and patients traveling, and having good hardness, dose homogeneity, and ease of administration.

TABLETS ADMINISTERED BY OTHER ROUTES

1. Vaginal Tablets

An applicator can be used to introduce the medication, which is intended for vaginal administration in the treatment of local vaginal infections, for systemic absorption and absorption into vaginal tissue. in the management of vaginal infections that occur locally. These are ovoid or bullet-shaped, uncoated tablets. Intended to dissolve and deliver the medication gradually in the vaginal cavity. The plastic tube inserter was pleased in the upper part of the vaginal canal. Astringents, antiseptics, and antibacterial could be present.

2. Rectal Tables

It is an established and traditional method of therapy. Variability in absorption by this route is caused by a number of factors, including the volume and type of rectal fluid, its buffer capacity, pH, and surface tension. These factors can vary greatly, even within a single person. Refrigeration is not necessary for rectal tables. Improved stability of the product, even at room temperature.

3. Implants

These pills are placed in bodily cavities to have a long-lasting impact that lasts for a few days, months, or even a year. These tablets are cylindrical in shape and modest in size. Their purpose is to be surgically implanted subcutaneously, where they will be gradually absorbed over a month or a year. To deliver the rod-shaped tablet, a special injector with a hollow needle and plunger is utilized. Surgery is utilized for different shapes. These formulations are sterile and devoid of excipients. The primary purpose of these pills is to supply growth hormones to animals that produce food. The ear is the ideal location for medication administration.

TABLETS USED TO PREPARE SOLUTION**1. Effervescent Tablets**

The advantage of effervescent pills is that they dissolve entirely and uniformly, preventing localized concentrations of the chemicals. Effervescent tablets are made to break when they come into contact with liquids like water or juice, frequently dissolving the tablet into a solution. This implies not only a greater flavor but also a more effective way to absorb the substances and a lower risk of discomfort. A soluble organic acid and an alkali metal carbonate salt—often the API—are the components of effervescence. When this combination comes into contact with water, carbon dioxide is produced. Their intestinal and stomach tolerance is good.

2. Molded tablets**a. Hypodermic Tablets**

Among the sterile preparations are these. In these, tablets are dissolved in sterile water or WFI and then injected into the hypodermic cavity. Their purpose is to create a clear solution that may be administered parenterally by adding them to WFI of sterile water. Because they are portable, rural doctors utilize them extensively. It can be utilized for medications that have very low water stability. It is not advisable to utilize them in this way since the solutions that are produced are not sterile.

b. Dispensing or Soluble Tablets

They must be mixed with water or other solvents to create a solution with a predetermined API concentration. Glidants, binders, and other insoluble substances should be absent since they will be converted into a clear solution. Quaternary ammonium compounds, mild silver proteinate, and mercury bichloride are among the materials used in tablet dispensing. If these pills are accidentally consumed orally, they are extremely hazardous. A handy amount of a powerful medication is provided by these pills.

3. Tablet Triturate

Tablet triturates are compact, compressed, and typically cylindrical tablets. Usually fairly strong, the medications used in these preparations were combined with lactose and maybe a binder, like powdered acacia. Typically, tablet triturates are friable and soft. As the alcohol evaporated, drug migration may happen since many of the medications included in these tables were quite strong. Since they have to dissolve fully and easily in water, very little pressure is used during production.

4. MATERIALS OF TABLETS

In addition to the active ingredients, the tablet also contains a number of inert chemicals known as excipients or additives. Among the several excipients are.

Table No. 1: Materials of Tablets.

S.No.	Ingredients	Examples
1.	Absorbents	Kaolin, Magnesium Aluminium Silicate, Tricalcium Phosphate
2.	Anti – adherents	Corn Starch, Metallic Stearate , Talc
3.	Binders	Acacia, Alginic Acid, Carboxymethylcellulose, Cellulose, Dextrin, Gelatin, Liquid Glucose, Magnesium Aluminium Silicate, Maltodextrin, Methylcellulose, Povidone, Sodium Alginate, Starch, Zein
4.	Coloring agents	FD&C or D&C Dyes or Lake Pigments
5.	Disintegrants	Alginic Acid, Carboxymethylcellulose, Cellulose, Colloidal Silicon Dioxide, Croscarmellose Potassium Polacrilin, Povidone
6.	Diluents	Calcium Phosphate, Carboxymethylcellulose Calcium, Cellulose, Dextrin, Lactose, Microcrystalline Cellulose, PR gelatinized Starch, Sorbitol, Starch
7.	Flavoring agents	Ethyl Maltol, Ethyl Vanillin, Menthol, Vanillin
8.	Glidants	Magnesium Trisilicate, Cellulose, Starch, Talc, Tribasic Calcium Phosphate
9.	Lubricants	Calcium Stearate, Glyceryl Palmitostearate, Magnesium Oxide, Poloxamer, Polyvinyl Alcohol, Sodium Benzoate, Sodium Lauryl Sulfate, Sodium Stearyl Sulfate, Stearic Acid, Talc, Zinc Stearate

1. Absorbents

If the product comprises a material that has a strong affinity for water, absorbents must be included in the tablet formulation. The presence of hygroscopic elements makes the mix moist and challenging to work with throughout production.

2. Anti – adherents

The addition of anti-adherents to tablet formulations stops the substance from adhering to the tablet press walls.

3. Binders

To create coherent compacts for tablets that is immediately compressed.

4. Coloring agents

There are three reasons why a tablet uses colors and dyes.

- (A) Disguising off-color medications.
- (B) Identifying the product.
- (C) Creating a more refined product.

5. Disintegrants

Added to a tablet formulation to help it break or dissolve in the GIT when it comes into touch with water.

6. Diluents

Fillers known as diluents are employed to provide the necessary bulk of a tablet when the medication dose is insufficient to accomplish so. The second reason is to improve tablet qualities, including promoting flow, allowing direct compression manufacture, or improving cohesiveness. A diluent need to possess the following characteristics:

1. They have to be non-toxic.
2. They ought to be offered for sale in a suitable grade.
3. It must be inexpensive.
4. They have to be inactive biologically.
5. They need to be chemically and physically stable both on their own and when combined with medications.
6. All microbiological contamination must be eliminated.

7. They don't change the drug's bioavailability.

8. Color compatibility is an essential.

7. Flavoring Agents

Chewable pills require flavoring oils. Usually, the oil is applied in a dry form, such as spray-dried beads.

8. Glidants

Chewable pills require flavoring oils. Usually, the oil is applied in a dry form, such as spray-dried beads.

9. Lubricants

Lubricants are designed to lessen inter particle friction, stop tablet materials from sticking to die and punch surfaces, and perhaps increase the tablet granulation's flow rate.

5. METHOD OF PREPARATION

Three techniques are used to produce tablets. [Figure No.3]

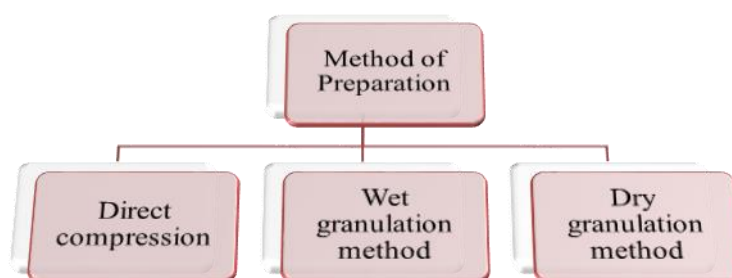


Figure No. 3 Method of Preparation.

1. Direct Compression

The process of directly compressing powdered material into tablets is known as direct compression. If the majority of the tablet's weight^[86-90] is made up of the medicine, direct compression is used (Figure 1). A appropriate diluent that serves as the medication's carrier

or vehicle can be used to make tablets with 25% or less of the drug component. Tablets made using the aforementioned technique are sent through a compression machine, which can include one or more stations.



Figure No. 4 Direct Compression Method.

2. Wet granulation method

It is the most popular and extensively applied technique. This process entails a number of phases, including ingredient weighing, mixing, granulation, damp pass screening, drying, lubrication, and tablet compression. After blending the primary active component, diluent, and disintegrant, the mixture is let to flow through a

sieve (sifting). To the original combination, binding agent solutions are added. while stirring. To prevent the pill from becoming too moist, an adequate amount of binding agent should be applied. The granules will be excessively soft and prone to disintegration during lubrication if the powder is not adequately wetted, making tablet compression challenging. The most used

technique for drying tablet granules is tray drying. The most popular technique for drying tablet granulations in the past was tray drying, which may be superseded by fluid-bed dryers as a new strategy. Once the granules have dried, they are let to flow through the screen, which

is typically made of nylon fabric with a mesh size of 60 to 100. After drying Granulation, which is necessary for the die cavity to be properly filled, adds lubricant as a fine powder.

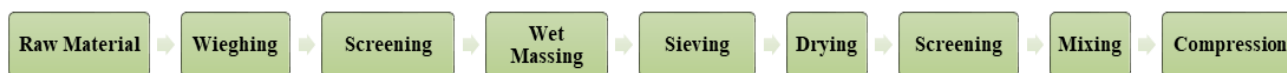


Figure No. 5 Wet Granulation Method.

3. Dry granulation method

This technique is used to prepare tablets; slugging may be employed to create the granules if the components are extremely sensitive to moisture or cannot withstand high drying temperatures. Dry granulation, also known as twofold compression, often removes a number of

processes that require slugging the powder material. The active to create the slug, lubricant, diluents, and substance are combined. The remaining lubricant is then added to the granulation, well mixed, and compressed to create the tablets after the compressed slug has been sent through the mesh or mill.

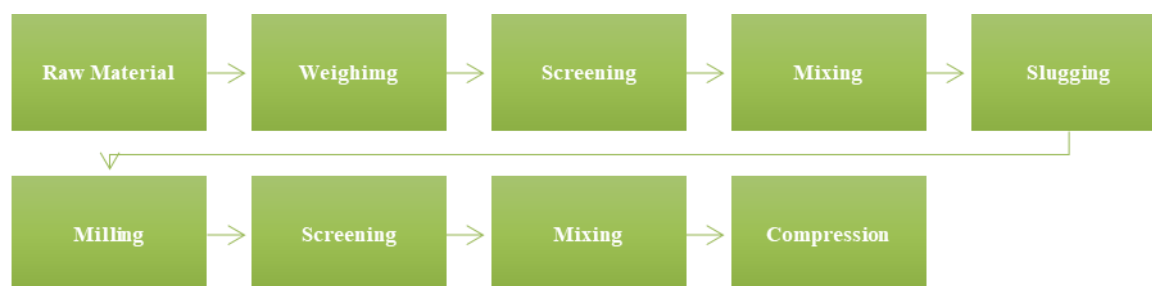


Figure NO.6 Dry granulation method.

6. EVALUATION OF TABLETS

Different types of Evaluation parameter of Tablets. [Figure No.4]

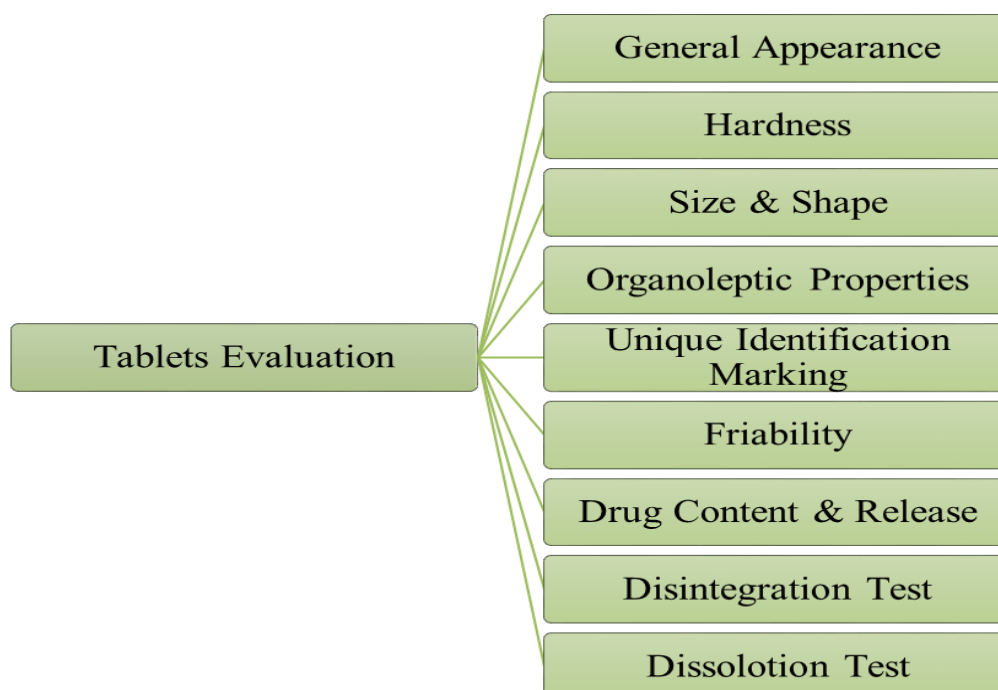


Figure No.4 Evaluation of Tablets.

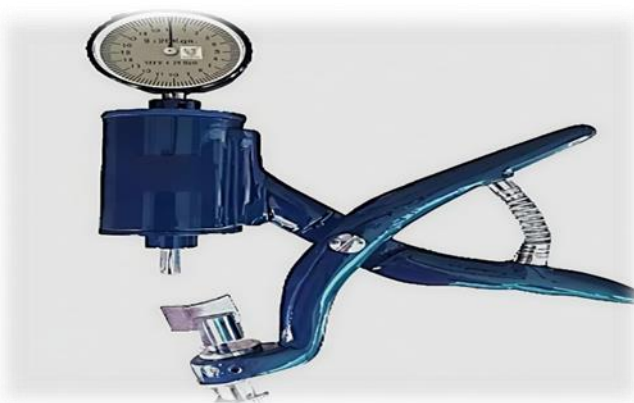
1. General Appearance

To manage lot-to-lot and tablet-to-tablet homogeneity, as well as to gain customer approval, a tablet's overall look, identity, and beauty are crucial. Measuring factors including size, shape, color, taste, and the presence or absence of odor are all part of controlling overall appearance.



2. Hardness

Tablets must have a specific level of hardness, strength, and resistance to friability in order to survive the mechanical vibrations that occur during production, packing, and transportation. The crushing strength of tablets is often measured by hardness.



3. Size & Shape

It may be regulated and characterized in terms of dimensions. Only the tablet's thickness can vary. The thickness of a tablet can be determined using a micrometer or another tool. The recommended range for tablet thickness is $\pm 5\%$ of the standard value.

4. Organoleptic Properties

The distribution of colors must be consistent and free of mottling. Compare the sample's color to a standard color for visual color comparison.

5. Unique Identification Marking

These markings make use of printing, engraving, or embossing. These marks consist of the product code, product name, business name, or emblem, among others.

6. Friability

A Roche friabilator can be used in a lab to test a tablet's friability. The tablets are dropped through a six-inch gap in the friabilator, which is then rotated 100 times, using a plastic chamber that rotates at 25 rpm. They weigh the pills again. It is deemed appropriate to compress tablets that lose less than 0.5% to 1.0% of their weight.



7. Drug Content & Release

a. Weight Variation Test (U.S.P.): Weigh each of the 20 tablets separately. Determine the average weight and contrast it with the weight of each pill. If no more than two tablets deviate from the % restriction and if no tablet deviates by more than twice the percentage limit, the tablet passes the U.S.P. test.

b. Content Uniformity Test

Choose 30 pills at random. Ten of these were tested separately. If nine out of ten tablets have at least 85% and no more than 115% of the drug's listed content, and the tenth tablet has at least 75% and no more than 125% of the declared content, the tablet passes the test. The remaining 20 tablets will be analyzed separately if these

requirements are not fulfilled, and none of them may fall beyond the 85–115% range.

8. Disintegration Test (U.S.P.)

The U.S.P. apparatus for disintegration testing comprises six 3-inch glass tubes with a 10-mesh screen at the bottom and an open top. In order to measure the disintegration time, one tablet is put in each tube, and the basket rack is set up in a 1-liter beaker of water,

simulated gastric fluid, or simulated intestinal fluid at $37 \pm 2^\circ\text{C}$ so that the tablet stays 2.5 cm below the liquid's surface when it moves upward and stays no closer than 2.5 cm from the beaker's bottom when it moves downward. Move the tablet-containing basket up and down at a frequency of 28 to 32 cycles per minute across a distance of 5 to 6 cm. Each pill should include a perforated plastic disc to stop it from floating.



The test requires that the tablet break up and that every particle flow through the 10-mesh screen within the allotted time. Any residue that is left over ought to have a soft bulk. Time of disintegration: Tablet without coating: 5 to 30 minutes Tablet coated: 1-2 hours

9. DISSOLUTION TEST (U.S.P.)

There are two sets of apparatus:

Apparatus-1

One tablet is set up in a tiny wire mesh basket that is fastened to the shaft's bottom and is connected to a variable speed motor. The basket is submerged in a dissolving liquid in a 100 ml flask, as directed in the monograph. It is a cylindrical flask with a hemispherical bottom. A steady temperature bath keeps the flask at $37 \pm 0.5^\circ\text{C}$. To measure the quantity of medication in solutions, the motor is set to rotate at the desired speed and fluid samples are taken periodically.

Apparatus-2

It's identical to apparatus 1, with the exception that a paddle is used in place of the basket. Before stirring, the dosage form is allowed to drop to the bottom of the flask. U.S.P. for the dissolution test defines the assay process, the kind of apparatus to be used, the shaft's rpm, the test time limit, and the dissolution test medium and volume. The percentage of the drug's indicated quantity dissolved

within the allotted time is used to express the test tolerance.

7. CONCLUSION

Pharmaceutical research now revolves around the production and assessment of tablets. It is possible to infer from the many data sources that tablets are special and have a great deal of versatility. Over the past few decades, there have been significant advancements in the production and assessment of tablets. Improvements in assessment methods have shown themselves to be cost-effective and time-efficient. The range of production and assessment criteria accessible to researchers also expands and enables tablets to firmly establish their position in this dynamic pharmaceutical industry.

8. REFERENCES

1. Mandal RK, Saini P, Pal R, Pandey P, Dubey A. Coating tablets, compositions, recent advancement and current status: a comprehensive review. *Journal of Drug Delivery and Therapeutics*, 2024 Oct 1; 14(10): 182-95.
2. Ubhe TS, Gedam P. A brief overview on tablet and it's types. *Journal of Advancement in Pharmacology*, 2020 Oct 27; 1(1): 21-31.
3. Debotton N, Dahan A. Applications of polymers as pharmaceutical excipients in solid oral dosage forms. *Medicinal research reviews*, 2017 Jan; 37(1): 52-97.

4. Leane M, Pitt K, Reynolds G, Tantuccio A, Moreton C, Crean A, Kleinebudde P, Carlin B, Gamble J, Gamlen M, Stone E. Ten years of the manufacturing classification system: a review of literature applications and an extension of the framework to continuous manufacture. *Pharmaceutical Development and Technology*, 2024 May 27; 29(5): 395-414.
5. Al-Achi AJ. Tablets: a brief overview. *Journal of Pharmacy Practice and Pharmaceutical Sciences*, 2019(1): 50.
6. Wang S, Chen X, Han X, Hong X, Li X, Zhang H, Li M, Wang Z, Zheng A. A review of 3D printing technology in pharmaceuticals: technology and applications, now and future. *Pharmaceutics*, 2023 Jan 26; 15(2): 416.
7. Trivedi M, Jee J, Silva S, Blomgren C, Pontinha VM, Dixon DL, Van Tassel B, Bortner MJ, Williams C, Gilmer E, Haring AP. Additive manufacturing of pharmaceuticals for precision medicine applications: A review of the promises and perils in implementation. *Additive Manufacturing*, 2018 Oct 1; 23: 319-28.
8. Abaci A, Gedeon C, Kuna A, Guvendiren M. Additive manufacturing of oral tablets: technologies, materials and printed tablets. *Pharmaceutics*, 2021 Jan 25; 13(2): 156.
9. Abdelhak MJ. A review: Application of biopolymers in the pharmaceutical formulation. *J. Adv. Bio-Pharm. Pharmacovigil*, 2019; 1(1): 15-25.
10. Kumar N, Pahuja S, Sharma R. Pharmaceutical polymers-a review. *International Journal of Drug Delivery Technology*, 2019 Jan 21; 9(1): 27-33.
11. Seo KS, Bajracharya R, Lee SH, Han HK. Pharmaceutical application of tablet film coating. *Pharmaceutics*, 2020 Sep 8; 12(9): 853.
12. Gaikwad SS, Kshirsagar SJ. Review on Tablet in Tablet techniques. *Beni-Suef university journal of basic and applied sciences*, 2020 Jan 2; 9(1): 1.
13. Salawi A. Pharmaceutical coating and its different approaches, a review. *Polymers*, 2022 Aug 15; 14(16): 3318.
14. Polli GP, Ravin LJ. Pharmaceutical sciences—1966. A literature review. *Journal of Pharmaceutical Sciences*. 1967 Jul 1; 56(7): 781-803.
15. Banker GS. Pharmaceutical applications of controlled release: An overview of the past, present, and future. *Medical applications of controlled release*, 2019 Jun 4; 2: 1-34.
16. Shi G, Lin L, Liu Y, Chen G, Luo Y, Wu Y, Li H. Pharmaceutical application of multivariate modelling techniques: a review on the manufacturing of tablets. *RSC advances*, 2021 Feb 23; 11(14): 8323-45.
17. Ahmad A, Goyal NK, Malviya R, Sharma PK. Various Patents on Different Types of Tablets: A Review. *Journal of Chronotherapy Drug Delivery*, 2014; 5: 9-18.
18. Rana AS, Kumar SH. Manufacturing defects of tablets-a review. *Journal of Drug Delivery and Therapeutics*, 2013 Nov 15; 3(6): 200-6.
19. Jung EA, Park YJ, Kim JE. Application of continuous manufacturing for solid oral dosage forms. *Journal of Pharmaceutical Investigation*, 2023 Jul; 53(4): 457-74.
20. Builders PF, Arhewoh MI. Pharmaceutical applications of native starch in conventional drug delivery. *Starch-Stärke*, 2016 Sep; 68(9-10): 864-73.
21. Huanbutta K, Burapapadh K, Sriamornsak P, Sangnim T. Practical application of 3D printing for pharmaceuticals in hospitals and pharmacies. *Pharmaceutics*, 2023 Jul 4; 15(7): 1877.
22. Sriamornsak P. Chemistry of pectin and its pharmaceutical uses: A review. *Silpakorn University International Journal*, 2003 Jan 1; 3(1-2): 206-28.
23. Palomero-Hernández FJ, Caballo-González MÁ, de la Mata FJ, García-Gallego S. Sustainable Shell Formulations as Alternative to the Conventional Soft Gelatin Capsules in Pharmaceutical and Nutraceutical Applications. A Review. *Macromolecular Materials and Engineering*, 2025 Aug; 310(8): 2500003.
24. Garcia MA, Garcia CF, Faraco AA. Pharmaceutical and biomedical applications of native and modified starch: a review. *Starch-Stärke*, 2020 Jul; 72(7-8): 1900270.
25. Shi C, Zhao H, Fang Y, Shen L, Zhao L. Lactose in tablets: Functionality, critical material attributes, applications, modifications and co-processed excipients. *Drug discovery today*, 2023 Sep 1; 28(9): 103696.
26. Teżyk M, Milanowski B, Ernst A, Lulek J. Recent progress in continuous and semi-continuous processing of solid oral dosage forms: a review. *Drug development and industrial pharmacy*, 2016 Aug 2; 42(8): 1195-214.
27. Konta AA, García-Piña M, Serrano DR. Personalised 3D printed medicines: which techniques and polymers are more successful?. *Bioengineering*, 2017 Sep 22; 4(4): 79.
28. Nagy B, Galata DL, Farkas A, Nagy ZK. Application of artificial neural networks in the process analytical technology of pharmaceutical manufacturing—a review. *The AAPS journal*, 2022 Jun 14; 24(4): 74.
29. Saxena MK, Zafar M, Sen AK, Prajapati S, Kumar A, Rajput V. Recent Progress in Nanoemulsion Drug Delivery Systems: Formulation, Assessment, and Biomedical Applications. *Int J Drug Deliv Technol*, 2026; 16(11s): 503- 510. DOI: 10.25258/ijddt.16.11s.51
30. Lv Y, Liu N, Chen C, Cai Z, Li J. Pharmaceutical packaging materials and medication safety: A mini-review. *Safety*, 2025 Jul 18; 11(3): 69.