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ABSTRACT

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SULPHONAMIDE DRUGS AND *PSEUDOMONAS AEROGINOSA* RESISTANCE: A REVIEW

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*Corresponding Author Egbujor Melford C. Department of Industrial Chemistry. Sulphonamide drugs were the first antimicrobial agents to be used systematically which have also been widely utilized as antimalarial, anticancer, antiretroviral, diuretic, antihypertensive agents to mention but a few. Sulphonamide was first isolated from coal tar in 1935 for the treatment of bacterial infections due to its selective toxicity against bacterium cell thereby paving the way for the antibiotic revolution in medicine. Over the years, sulphonamide drugs lost its preference as the first line drug of choice in the treatment of bacterial infections because of the increased resistance exhibited by certain bacteria especially Pseudomonas aeruginosa. The unique resistance of *Pseudomonas aerusginosa* against sulphonamide is quite worrisome due to the fact that this bacterium being one of the scariest bacteria in the world is responsible for several serious infections that were erstwhile curable with inexpensive sulphonamide drugs. Several isolates of Pseudomonas aeruginosa have considerable defense against reliable antibiotics and their concomitant infections are difficult to treat because of complex enzymic and mutational mechanisms of resistance exhibited by Pseudomonas aeruginosa. This review observed and proposed the potential ways of tackling the recalcitrance of *Pseudomonas aeroginosa* to sulfonamide though structural modifications and derivatization.

KEYWORDS: Sulphonamides, Pseudomonas Aeruginosa, Antimicrobial Resistance.

INTRODUCTION

Sulphonamides were the first class of antibiotics to be discovered and put into clinical use.^[1] The combination of biologically active sulphonyl and amine moieties makes sulphonamides the basis of several groups of drugs.^[2] They have been extensively studied for their chemotherapeutic activities as antimicrobial, antimalarial, antileprotic and antioxidant agents.^[3-4] Sulphonamides are notable for their broad spectrum antimicrobial activities against many gram-negative and gram-positive microorganisms. They were found to be bacteriostatic and therefore do not kill the bacterium but inhibit their growth and multiplication.^[5] Sulphonamide drugs are known to be the oldest and most widely used antibiotics in animal treatment due to the fact that they are relatively cheap and efficacious in the treatment of several microbial infections in veterinary medicine.^[6] Clinically, aliphatic sulphonamides have been extensively utilized in the treatment of chronic urinary tract and gastrointestinal infections.^[7] Aromatic and sulphonamides heteroaromatic having carbonic anhydrase inhibitory ability are useful antitumor agents.^[8-10] The versatility of sulphonamide as a pharmaceutical compound can be seen in their usefulness in the treatment and prevention of disease syndromes

such as occidiosis, toxoplasmosis, actinobaillosis, metritis, respiratory infections and mastitis.^[11-13]

Pseudomonas aeruginosa is a ubiquitous rod shaped gram-negative bacterium which is responsible for several bacterial infections in plants, animals and humans.^[14] It is notable for its multidrug resistance especially against sulphonamide drugs due to its inherently advanced antibiotic resistance mechanisms that make treatment very difficult.^[15] Pseudomonas aeruginosa is considered an opportunistic, nosocomial microbe of immune compromised individuals that causes serious blood, urinary tract, airway, wounds, burns infections, to mention but a few.^[16] Pseudomonas aeruginosa is the causative agent for about 10-5% of nosocomial infections globally.^[17] And these infections are hard to treat because Pseudomonas aeruginosa has the peculiar ability of exhibiting natural and acquired mechanisms of resistance to several groups of antimicrobial agents especially sulphonamide drugs.^[18-19] In plants, *Pseudomonas aeruginosa* causes soft rot such as *Arabidopsis thaliana* in thale cress,^[20] and Lactuca sativa in lettuce.^[21,22] while in invertebrates, it is responsible for *Caenorhabditis elegans* in nematode,^[23-24] Drosophilia in the fruit fly,^[25] and Galleria mellonella in moth.^[26]

Resistance to Sulphonamide; a Matter of Concern

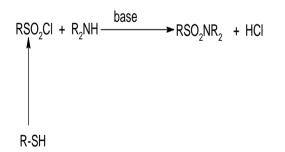
It is worrisome that, in spite of the fact that sulphonamides are very cheap, useful and effective pharmaceutical compound that exhibit wide range of biological activities, they are rapidly losing relevance because of the emergence of resistant and low antibiotic susceptible *Pseudomonas aeruginosa*,^[27] which is responsible for a death rate ranging from 18% to 61%.^[28-30] Numerous studies have focused solely on the resistance of pathogenic microbes against sulphonamide but only few have been reported about the possible ways out of the menace. This review therefore explores the antimicrobial resistance and possible ways of addressing the perennial challenge of pseudomonas aeruginosa recalcitrance against sulphonamide drugs.

Synthesis of Sulphonamides

Sulphonamides are synthesized in numerous ways. Koburger and Forster in 1903 and 1914 respectively ultilised simple alkyl sulphonyl chlorides in the synthesis of the earliest sulphonamides [31-32]. The generally accepted approach in recent times involves the reaction between sulphonyl chloride and a primary or secondary amine. Sulphonyl chlorides are generally synthesized by oxidation of the required thiol simply by bubbling chlorine gas into the reaction.^[33]

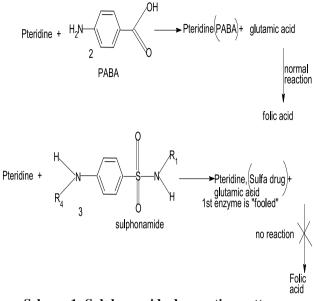
$$RSO_2CI + R_2NH \longrightarrow RSO_2NR_2 + HCI$$

Laudadio *et al*,^[34] reported a synthetic approach for sulphonamides *via* an eco-friendly electrochemical method that facilitated the oxidative coupling of primary amines with thiols as a classic approach.



Mode of Action of Sulphonamide Drugs

The sulphonamide drugs in their peculiar mode of action is governed by the principle of selective toxicity which exploits some metabolic differences between mammalian cells and bacterial cells. Generally, folic acid is essential for the growth of cells. Folic acid being a vitamin in food is diffused or transported into human cells. Conversely, folic acid does not permeate bacterial cell walls by either diffusion or active transport and as a result bacteria must depend on synthesized folic acid from *p*-aminobenzoic acid(PABA)(2),^[35] Sulphonamide being a structural analog to PABA opposes the growth of bacteria by preventing folic acid (folate) synthesis, a compound needed by every cell for the biosynthesis of RNA, DNA and proteins. The sulphonamides(3) inhibit folic acid synthesis in susceptible bacteria by competitively blocking para-aminobenzoic acid (PABA).^[36]



Scheme 1: Sulphonamide drug action pattern.

Application Of Sulphonamides As Antimicrobial Agents

The application of sulphonamides as antimicrobial agents dwindled in 1980s, yet sulphonamides are still a drug of choice for the treatment of acute and mild urinary and eye infections in many countries of the world.^[37] In the recent times, sulfa-drugs such as sulfamethoxazole, sulfisoxazole, sulfadiazine and acetylsulfafurazole became drugs of greatest use.^[38] Sulphonamides are the commonest veterinary antibiotics in china, and Europe because of the low cost.^[39-40]

Resistance Mechanism of *Pseudomonas Aeruginosa*

The recalcitrance of Pseudomonas aeruginosa stems from the fact that this microorganism utilizes its advanced levels of intrinsic and acquired resistance against antibiotics. mechanism Additionally. Pseudomena aeroginosa was recently discovered to also employ an adaptive antibiotic resistance that involves biofilm- mediated resistance and multidrug resistant persister cells in relapse of infection.^[41] The intrinsic antibiotic resistance of Pseudomonas aeroginosa is defined as its natural ability to neutralize or minimize the efficacy of antimicrobial agents *via* structural and functional characteristics,^[42] and *Pseudomonas* aeroginosa accomplishes such through advanced such as restriction of mechanisms membrane permeability, efflux system strategy and generation of enzymes that are antibiotic-inactivating especially Blactamases.^[43] Restriction of the outer membrane permeability which is highly exhibited by Pseudomonas *aeruginosa* prevents the penetration of antibiotics to intracellular targets.^[44-45] This fact makes polymyxins currently a lead antibiotic against Pseudomonas aeruginosa because of its ability to successfully bind to the lipopolysaccharides (LPS) on the outer membrane of the microorganism thereby increasing cell membrane permeability and antibiotic uptake.^[46] Moreover, the antibiotic-inactivating enzymes production bv Pseudomonas aeruginosa enables the gram-negative bacteria to break down or modify antibiotics as a resistance mechanism. For instance many chemical bonds such as amides and esters are easily broken by enzvmic hvdrolvsis of **B**-lactamases and aminoglycoside-modifying enzymes.[47-48]

Other possible ways through which *Pseudomonas aeruginosa* can increase its acquired antibiotic resistance are by mutational changes and acquisition of resistance genes,^[49-50] through which the bacteria reduces the antibiotic uptake, modifies the antibiotic targets, over expresses efflux pumps and enzymes causing antibiotic inactivation.^[43,51-52]

Resistance of *Pseudomonas aeruginosa* to Sulfonamides

Sulphonamide drugs were once a first line choice of presently antibiotics but things are different. Sulphonamide drugs function on the principle of selective toxicity and the basis for such selectivity is an enzyme called dihydropteroate synthase (DHPS) in the folic acid pathway. Mammals unlike bacteria do not depend on the endogenous synthesis of folic acid and therefore do not possess DHPS but utilize a folate uptake system which is not found in prokaryotes.[53] Isolated mutants in the dhps(*folp*) gene were found to exhibit a compromise between sulphonamide resistance and the performance of DHPS enzyme. In Pseudomonas aeruginosa, the resistance against sulphonamide is mediated by foreign *folp* transfer.^[53] It is pertinent to say that the clinical resistance in *Pseudomonas aeruginosa* is plasmid-borne prompted by genes encoding alternative variants found in drug-resistant the enzyme dihydropteroate synthase (DHPS). These genes especially sull and sul2 after being sequenced were found to have almost the same frequency among clinical isolate and the corresponding DHPS enzymes exhibited significant insensitivity to sulphonamide drugs while binding normally to the *p*-aminobenzoic acid (PABA) substrate irrespective of the fact that the substrate and inhibitor were structurally similar.^[53] Generally, the recalcitrance of bacteria to sulphonamide is attributed to the permeability barrier, efflux pumps and presence of target enzymes that exhibit naturally insensitivity, regulation, mutational and recombinational changes, acquired resistance.^[1] It is worthy to note that Pseudomonas aeruginosa exhibit major resistance to sulphonamides *via* the permeability barrier and efflux pumps mechanisms.^[54-55] *Pseudomonas aeruginosa* was found to have about two multiple drug efflux systems expressed by the outer membrane proteins OprM and OprJ and these represents two genetically different multidrug efflux systems found in the recalcitrant

species.^[56-57] Kohler *et al*,^[58] reported that OprM and OprJ- over expressing strains were found to exhibit high resistance to sulphonamide while mex ABoprM efflux system plays the major role in the intrinsic resistance of *Pseudomonas aeruginosa* to sulphonamide drugs^[58] However, Grey and Hamilton^[59] tested miller reported that amongst all the sulphonamide drugs, tested, sulphasiazine showed the highest activity, followed by sulphamethoxazole while sulphadimidine had the least activity against pseudomonas aeruginosa.^[59]

Special Observation

It has been reported that certain amino acids can trigger biofilm disassembly in *Pseudomonas aeruginosa*^[60] probably by increasing swimming motility.^[61] Antimicrobial peptides which are employed against broad spectrum of pathogenic bacteria are known to contain about 12-50 amino acid residues.^[62] It also has been observed that amino acid based sulphonamide derivatives exhibit excellent antimicrobial activities against *Pseudomonas aeruginosa*.^[63-64] because amino acids have been found to potentiate the antimicrobial activities of sulphonamides.^[65]

For instance, Eze et al[66] reported that a sulphonamide derivative 2-(4- methylbenzenesulfonamido) -4-(methylsulfanyl)-N-propylbutanamide synthesized from methionine an essential amino acid exhibited a significant inhibitory activity (MIC 6.45 mg/ml) against Pseudomonas aeruginosa. This compound was found to exhibit better minimum inhibitory concentration than commercially available ciprofloxacin (MIC, 9.05 mg/ml).^[66] They also reported that N-Butyl-1-[(4methylphenyl)sulphonyl]pyrolidine-2-carboxamide (MIC, 6.67 mg/ml) a proline derivative of sulphonamide displayed an improved antimicrobial potency against Pseudomonas aeruginosa. The minimum inhibitory concentration of the compound was also better than ciprofloxacin (MIC, 9.05 mg/ml).^[67]

Egbujor and Okoro reported.^[68] that some methionine based sulphonamide derivatives such as 2-{[(4-methylphenyl)sulphonyl])amino}-4-

(methylsulphanyl)butanoic acid and 2-{acetyl[(4methylphenyl)sulfonyl]amino} -4-(methylsulfanyl)butanoic acid had excellent antimicrobial effect on Pseudomonas aeruginosa with miniumum inhibitory concentrations as low as 0.7mg/ml and 0.8mg/ml respectively.^[68] In a similar development, they reported that a serine-based sulphonamide derivatives 2-{acetyl[(4-methylphenyl) sulphonyl]amino}-3hydroxyl propanamide had minimum inhibitory concentration (MIC 0.7 mg/ml) against pseudomonas aeruginosa.^[69]

CONCLUSION

The clinical importance of sulphonamide drugs is gradually dwindling due to the wild spread of resistance to these inexpensive and effective drugs by bacteria especially *Pseudomonas aerugi*nosa and this has necessitated the development of newer but expensive antibiotics. Obviously, Pseudomonas aeruginosa is uniquely problematic because of its complex mechanisms of drug resistance but observations have shown that the incorporation of certain bioactive amino acids into sulphonamide drug scaffold potentiated their antimicrobial activities against Pseudomonas aeruginosa. In view of promising improved potency Pseudomonas aeruginosa, sulphonamides against therefore need structural modifications that allow the incorporation of bioactive amino acids.

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